



# ALL AMERICAN KARATE

An American Kenpo Karate School

16600 Lorain Avenue, Cleveland, Ohio

(440) 331-0010

Written Manuals and Videos of techniques and Katas are available on our website:

[www.ALLAMERICANKARATE.net](http://www.ALLAMERICANKARATE.net)

One can purchase access to the written manual and videos of the techniques and katas for a given belt once you have achieved that belt; in other words, you must have already learned all the techniques and katas for the belt whose manual and videos you wish to purchase. They can then serve as a review when testing for more advanced belts.

Pricing: \$10 for Yellow Belt and for each subsequent belt in the Basic System, and \$20 for each subsequent belt in the Advanced System.

To purchase access to the online manuals and videos, notify Mr. DeVries or Mr. Walton, then go to the website and complete the short "Request Video Access" form in the "Contact Us" page to notify the webmaster (see below). Once it is confirmed with Mr. DeVries that you are eligible and have paid, you will be e-mailed instructions to access the videos along with your unique username and password.

The screenshot shows the 'Contact Us' page of the All American Karate website. The page features a navigation menu with links for Home, News, Kenpo History, Belt System, Basics, and Contact Us. The 'Contact Us' link is highlighted. Below the navigation menu, there is a section titled 'Contact Us' with the subtext 'Stop by for a visit or send us a message using the form below!'. The page contains contact information for the studio, including the address (16600 Lorain Avenue, Cleveland, OH 44111), phone number ((440) 331-0010), and email addresses (info@allamericankarate.net and webmaster@allamericankarate.net). A 'Request Video Access' form is prominently displayed, which includes fields for Name & Contact Info (First Name, Middle Name, Last Name, Suffix, E-mail, Confirm E-mail), Username and Password, and Belts Requested (Basic Belt System and Advanced Belt System). The form also includes a 'Submit' button and a 'Reset' button. Four callout boxes provide instructions: 1. Click on 'CONTACT US', 2. Click on 'REQUEST VIDEO ACCESS', 3. Fill out the form, and 4. Click the 'SUBMIT' button.

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